

## **PRE-OPERATIVE INSTRUCTIONS**

If you are scheduled for **general anesthesia or IV sedation**, it is important that you follow these instructions:

1. Do not have anything to eat or drink for 6-8 hours prior to your surgery appointment. In cases where your doctor wants you to take your daily medications or a premedication (i.e. antibiotics), please take them with only a small amount of water.
2. You must be accompanied by a responsible adult to drive you home and ensure you get into your home safely. Patients under the age of 18 must be accompanied by a parent or legal guardian who will remain in the waiting room throughout the procedure.
3. Please brush your teeth and rinse your mouth prior to your appointment. Cleansing your mouth will help avoid developing an infection. If you smoke, please stop smoking the day before your surgery and at least 24 hours after surgery.
4. Please wear loose fitting clothing with sleeves that can be rolled up past the elbow. Do not wear high heels or flip flops. Please do not wear contact lenses, jewelry or nail polish.
5. Please call our office 72 hours in advance to cancel or change an appointment. A fee of \$150 will be charged for late cancellations and failed appointments.
6. Payment is due at the time of treatment. We accept cash, money order, Mastercard, Visa, American Express and Discover. We do not accept checks. Flexible payment options are also available with Care Credit. Please inquire with our treatment coordinator prior to your appointment if you are interested in learning more about patient financing.

If you are scheduled for **local anesthetic**, there are no eating or drinking restrictions and you may drive yourself to the appointment. Please contact our office with any questions. **(805) 983-3131**